

| First Name | Last Name  | Time    | Place        | Record    | Distance | Race Name       | City             | Date      |
|------------|------------|---------|--------------|-----------|----------|-----------------|------------------|-----------|
| Bob        | Acke       | 4:44:53 | 4:45 Pacer   |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Armando    | Alejos     | 3:51:14 | BQ           |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Eric       | Bakey      | 6:23:26 |              |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Phil       | Bush       | 3:33:38 | PR - BQ      | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Walt       | Calder     | 4:29:52 | 4:30 Pacer   |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Linda      | Carone     | 4:39:57 |              |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Ande       | Croll      | 4:13:16 |              |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Jim        | Cutler*    | 2:52:04 | BQ           | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Angela     | Dampier    | 3:17:29 | PR - BQ      | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Jenny      | Ellis      | 2:58:11 | PR - BQ      | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Don        | Francis    | 4:46:31 |              | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Magaly     | Gomez      | 3:53:54 | 1st Marathon | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Anne       | Haseman    | 3:52:31 | BQ           |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Bill       | Jensen     | 2:52:12 | PR - BQ      | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Sherri     | Knupp      | 3:37:06 | PR - BQ      | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Carlos     | Morales    | 3:42:33 |              | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Charlene   | Myers      | 4:09:48 |              | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Lateef     | Ogunjobi   | 3:30:34 | PR           |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Mark       | Pfeifer    | 3:21:06 | PR - BQ      | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Susan      | Santor*    | 4:27:15 |              |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Mike       | Schmidt    | 4:06:34 | PR           |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Robert     | Simpson    | 4:19:58 |              |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Colleen    | Steward    | 4:39:08 |              |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Hal        | Stinspring | 6:10:04 |              |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Lauren     | Wagner     | 4:03:51 | PR - BQ      | RR Record | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Mark       | Zulas      | 4:24:32 |              |           | Marathon | Bank of America | Chicago, IL      | 12-Oct-09 |
| Cari       | Setzler    | 44:44.0 | 5th A/G      |           | 7 Miles  | Bix7            | Quad Cities      | 25-Jul-09 |
| Gena       | Albanese   | 23:48.2 |              |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| John       | Albanese   | 20:58.8 | 1st A/G      |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Stephen    | Arnold*    | 29:10.1 |              |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Phil       | Bush       | 20:18.2 | 1st A/G      |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Jay        | Druml*     | 19:58.5 | 3rd A/G      | RR Record | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Melody     | Emricson   | 25:14.7 | 3rd A/G      |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Steve      | Emricson   | 19:11.6 | 1st A/G      |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Jorge      | Gomez      | 26:00.3 |              |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Magaly     | Gomez      | 26:34.4 |              |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Michaela   | Havemann   | 23:27.7 | 1st A/G      |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Kleo       | Jendo      | 18:22.0 |              |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Kevin      | Kaufman    | 17:48.3 | 1st A/G      | RR Record | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Al         | Neil       | 33:28.2 |              |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Bob        | Rohlwing*  | 28:00.6 |              |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |
| Stuart     | Rutledge   | 23:33.3 |              |           | 5K       | Bob Blazier Run | Crystal Lake, IL | 3-May-09  |

|          |            |         |                           |           |               |                        |                  |           |
|----------|------------|---------|---------------------------|-----------|---------------|------------------------|------------------|-----------|
| Cari     | Setzler    | 18:41.2 | 1st female                | RR Record | 5K            | Bob Blazier Run        | Crystal Lake, IL | 3-May-09  |
| Peter    | Sexton     | 19:37.3 | 1st A/G                   |           | 5K            | Bob Blazier Run        | Crystal Lake, IL | 3-May-09  |
| Mike     | Splitt*    | 22:10.0 | 1st A/G                   | RR Record | 5K            | Bob Blazier Run        | Crystal Lake, IL | 3-May-09  |
| Lois     | Tweeten    | 23:45.3 | 2nd A/G                   | RR Record | 5K            | Bob Blazier Run        | Crystal Lake, IL | 3-May-09  |
| Deb      | VanHouten  | 33:16.4 |                           |           | 5K            | Bob Blazier Run        | Crystal Lake, IL | 3-May-09  |
| Mike     | VanHouten  | 18:57.0 | 2nd A/G                   |           | 5K            | Bob Blazier Run        | Crystal Lake, IL | 3-May-09  |
| Amy      | Wlodek     | 26:04.5 |                           |           | 5K            | Bob Blazier Run        | Crystal Lake, IL | 3-May-09  |
| Mia      | Yankow     | 26:09.6 |                           |           | 5K            | Bob Blazier Run        | Crystal Lake, IL | 3-May-09  |
| Angela   | Dampier    | 3:42:00 |                           | RR Record | Marathon      | Boston                 | Boston, MA       | 20-Apr-09 |
| Sherri   | Knupp      | 3:59:09 |                           |           | Marathon      | Boston                 | Boston, MA       | 20-Apr-09 |
| Martha   | Walker*    | 3:55:34 |                           | RR Record | Marathon      | Boston                 | Boston, MA       | 20-Apr-09 |
| Michele  | Idstein    | 3:31:48 | <b>BQ 4th O/A 3rd A/G</b> | RR Record | Marathon      | Breakers Marathon      | Newport, RI.     | 18-Oct-09 |
| Ron      | Idstein    | 4:30:16 |                           |           | Marathon      | Breakers Marathon      | Newport, RI.     | 18-Oct-09 |
| Lelani   | Fetrow     | 29:57.0 |                           |           | 5K            | Care for Breast Cancer | Crystal Lake, IL | 25-Oct-09 |
| John     | Albanese   | 19:50.5 | 2nd A/G                   |           | 5K            | Charity Classic        | Park Ridge, IL   | 26-Sep-09 |
| Ande     | Croll      | 23:17.3 |                           | RR Record | 5K            | Charity Classic        | Park Ridge, IL   | 26-Sep-09 |
| Susan    | Croll      | 38:18.8 |                           |           | 5K            | Charity Classic        | Park Ridge, IL   | 26-Sep-09 |
| Amando   | Alejos     | 1:35:28 |                           | RR Record | Half Marathon | Chicago Half           | Chicago, IL      | 13-Sep-09 |
| Ande     | Croll      | 1:56:17 |                           |           | Half Marathon | Chicago Half           | Chicago, IL      | 13-Sep-09 |
| Cari     | Setzler    | 1:28:19 |                           |           | Half Marathon | Chicago Half           | Chicago, IL      | 13-Sep-09 |
| Martha   | Walker     | 5:08:05 | 3rd A/G                   |           | 50K           | Chicago Lakefront      | Chicago, IL      | 4-Apr-09  |
| John     | Albanese   | 44:24.8 | 2nd A/G                   |           | 10K           | Coon Creek Classic     | Hampshire, IL    | 2-Aug-09  |
| Armando  | Allejos    | 43:35.8 | 3rd A/G                   | RR Record | 10K           | Coon Creek Classic     | Hampshire, IL    | 2-Aug-09  |
| Jorge    | Gomez      | 45:24.9 | 2nd A/G                   | RR Record | 10K           | Coon Creek Classic     | Hampshire, IL    | 2-Aug-09  |
| Michele  | Hartwig    | 50:50.6 | 3rd A/G                   |           | 10K           | Coon Creek Classic     | Hampshire, IL    | 2-Aug-09  |
| Peter    | Sexton     | 42:22.8 | PR                        | RR Record | 10K           | Coon Creek Classic     | Hampshire, IL    | 2-Aug-09  |
| Rich     | Teper      | 48:24.6 |                           |           | 10K           | Coon Creek Classic     | Hampshire, IL    | 2-Aug-09  |
| Lois     | Tweeten    | 48:18.5 | 1st A/G                   |           | 10K           | Coon Creek Classic     | Hampshire, IL    | 2-Aug-09  |
| Lauralee | Altendorf  | 2:09:38 |                           |           | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Pam      | Andrews    | 2:26:06 |                           |           | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Carrie   | Bush       | 1:52:46 |                           |           | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Phil     | Bush       | 1:31:38 |                           | RR Record | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Linda    | Carone     | 2:05:41 |                           | RR Record | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Kristin  | Castricone | 1:44:25 |                           | RR Record | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Jill     | Eggert     | 2:13:26 |                           |           | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Jenny    | Ellis      | 1:22:41 | <b>1st Female</b>         | RR Record | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Lelani   | Fetrow     | 2:23:31 |                           |           | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Donna    | Francis    | 2:00:15 |                           |           | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Eddie    | Gaul       | 1:34:31 |                           | RR Record | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Magaly   | Gomez      | 2:18:54 |                           |           | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Pat      | Harris     | 1:24:42 | 3rd A/G                   | RR Record | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Misty    | Hoika      | 2:01:03 |                           |           | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |
| Bill     | Jensen     | 1:22:29 |                           |           | Half Marathon | Crystal Lake Half      | Crystal Lake, IL | 13-Sep-09 |

|          |           |         |                 |           |               |                       |                  |           |
|----------|-----------|---------|-----------------|-----------|---------------|-----------------------|------------------|-----------|
| Carlos   | Morales   | 1:34:34 |                 | RR Record | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Laura    | Mostaert  | 2:27:36 |                 |           | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Brenda   | Napholz   | 1:32:05 | 1st A/G         | RR Record | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Diana    | Nelson*   | 2:02:44 |                 | RR Record | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Lateef   | Ogunjobi  | 1:30:20 |                 | RR Record | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Mark     | Pfeifer   | 1:30:12 |                 | RR Record | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Angela   | Ritter    | 2:03:35 |                 |           | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Donna    | Robnett   | 2:25:19 |                 |           | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Dan      | Rooney    | 1:59:03 |                 |           | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Stuart   | Rutledge  | 1:45:07 |                 | RR Record | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Susan    | Santor*   | 1:54:58 |                 | RR Record | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Robert   | Simpson   | 1:55:27 |                 |           | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Jerry    | Sullivan  | 1:44:07 |                 |           | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Lois     | Tweeten   | 1:44:20 | 2nd A/G         | RR Record | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Lauren   | Wagner    | 1:57:05 |                 | RR Record | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Heather  | Walker    | 1:46:08 |                 | RR Record | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| John     | Worley*   | 1:43:26 |                 | RR Record | Half Marathon | Crystal Lake Half     | Crystal Lake, IL | 13-Sep-09 |
| Bill     | Jensen    | 23:16.1 | 1st A/G         |           | 4 miles       | Dash to Cure Diabetes | Barrington, IL   | 24-May-09 |
| John     | Albanese  | 43:08.3 | 2nd A/G         |           | 10K           | DeKalb Corn Fest      | DeKalb, IL       | 22-Aug-09 |
| Carrie   | Naber     | 46:57.8 |                 |           | 10K           | DeKalb Corn Fest      | DeKalb, IL       | 22-Aug-09 |
| Diana    | Nelson    | 54:59.1 |                 |           | 10K           | DeKalb Corn Fest      | DeKalb, IL       | 22-Aug-09 |
| Michaela | Havemann  | 4:17:23 |                 |           | Marathon      | Des Moines            | Des Moines, IA.  | 18-Oct-09 |
| Pat      | Nofzinger | 4:47:06 | 5th A/G         | RR Record | Marathon      | Des Moines            | Des Moines, IA.  | 18-Oct-09 |
| Carrie   | Bush      | 4:04:18 |                 | RR Record | Marathon      | Detroit Free Press    | Detroit, MI.     | 18-Oct-09 |
| Pat      | Harris    | 3:08:42 | PR - BQ 9th A/G | RR Record | Marathon      | Detroit Free Press    | Detroit, MI.     | 18-Oct-09 |
| Vik      | Krishnan  | 4:01:09 |                 |           | Marathon      | Detroit Free Press    | Detroit, MI.     | 18-Oct-09 |
| Brenda   | Napholz   | 3:34:57 | BQ              | RR Record | Marathon      | Detroit Free Press    | Detroit, MI.     | 18-Oct-09 |
| Jerry    | Sullivan  | 3:43:30 | BQ              | RR Record | Marathon      | Detroit Free Press    | Detroit, MI.     | 18-Oct-09 |
| Armando  | Alejos    | 1:19:36 |                 |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Carrie   | Bush      | 1:29:22 |                 |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Phil     | Bush      | 1:15:58 |                 |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Rachel   | Bush      | 25:43.0 |                 |           | 5K            | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Linda    | Carone    | 1:38:17 |                 |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Melody   | Emricson  | 1:27:09 |                 |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Steve    | Emricson  | 1:06:26 | 2nd A/G         |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Mark     | Francis   | 1:23:32 |                 |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| John     | Green     | 1:25:48 |                 |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Pat      | Harris    | 1:08:17 |                 |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Bill     | Jensen    | 1:00:38 | 11th O/A        |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Chuck    | Litts     | 1:31:37 |                 |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Charles  | Mathison  | 1:05:09 |                 |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Carlos   | Moralos   | 1:17:05 |                 |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |
| Brenda   | Napholz   | 1:10:59 | 1st A/G         |           | 10 Miles      | Elgin Fox Trot        | Elgin, IL        | 25-May-09 |

|          |           |         |                                |           |          |                        |                     |           |
|----------|-----------|---------|--------------------------------|-----------|----------|------------------------|---------------------|-----------|
| Cheryl   | Naughton  | 1:18:34 |                                |           | 10 Miles | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Shannon  | Schroeder | 1:12:22 | 2nd A/G                        |           | 10 Miles | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Cari     | Setzler   | 1:10:59 | 1st A/G                        | Pacer     | 10 Miles | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Peter    | Sexton    | 1:09:38 |                                |           | 10 Miles | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Jessica  | Shearer   | 1:36:09 |                                |           | 10 Miles | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Karen    | Shearer   | 28:33.0 |                                | Pacer     | 5K       | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Rob      | Shearer   | 1:45:04 |                                |           | 10 Miles | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Erin     | Smith     | 1:17:29 |                                |           | 10 Miles | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Laurie   | Teper     | 1:15:32 | 2nd A/G                        |           | 10 Miles | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Rich     | Teper     | 23:35.0 |                                |           | 5K       | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Lois     | Tweeten   | 1:27:14 |                                |           | 10 Miles | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Martha   | Walker    | 1:24:38 |                                |           | 10 Miles | Elgin Fox Trot         | Elgin, IL           | 25-May-09 |
| Michele  | Hartwig   | 5:37:01 |                                |           | Marathon | Fat Ass 50K            | McNabb, IL          | 9-Jan-09  |
| Dorn     | Peddy     | 5:47:51 | His 50th Marathon or Ultra     |           | Marathon | Fat Ass 50K            | McNabb, IL          | 9-Jan-09  |
| Jorge    | Gomez     | 20:35.0 | 2nd A/G                        | RR Record | 5K       | Firecracker            | Santa Cruz, CA      | 4-Jul-09  |
| Ande     | Croll     | 1:19:14 |                                |           | 10 Miles | Fleet Feet             | Chicago, IL         | 23-May-09 |
| Susan    | Croll     | 2:18:46 |                                |           | 10 Miles | Fleet Feet             | Chicago, IL         | 23-May-09 |
| Mark     | Rotundo   | 1:00:31 | Ran shadow race in Afghanistan |           | 10 Miles | Fleet Feet             | Chicago, IL         | 23-May-09 |
| Bob      | Simpson   | 1:23:51 |                                |           | 10 Miles | Fleet Feet             | Chicago, IL         | 23-May-09 |
| Anita    | Zeken     | 2:14:53 |                                |           | 10 Miles | Fleet Feet             | Chicago, IL         | 23-May-09 |
| Laurie   | Dayon     | 52:15.7 |                                |           | 5K       | Founder's Day          | Algonquin, IL       | 25-Jul-09 |
| Brian    | Berndt    | 21:56.6 | 1st A/G                        |           | 5K       | Fox Chase              | Fox River Grove, IL | 25-Oct-09 |
| John     | Albanese  | 41:48.0 | 1st A/G                        |           | 10K      | Frank Lloyd Wright Run | Oak Park, IL        | 25-Oct-09 |
| Julie    | Remke     | 21:00.0 | <b>1st Female</b>              |           | 5K       | G.F. Walleye 5K        | Middle Bass Is, OH  | 1-Aug-09  |
| Steve    | Emricson  | 39:08.8 | 1st A/G <b>4th O/A</b>         | RR Record | 10K      | Harvard Milk Run       | Harvard, IL         | 6-Jun-09  |
| Jorge    | Gomez     | 49:14.1 |                                |           | 10K      | Harvard Milk Run       | Harvard, IL         | 6-Jun-09  |
| Magaly   | Gomez     | 50:05.3 |                                | RR Record | 10K      | Harvard Milk Run       | Harvard, IL         | 6-Jun-09  |
| John     | Green     | 52:38.1 |                                |           | 10K      | Harvard Milk Run       | Harvard, IL         | 6-Jun-09  |
| Laura    | Acke*     | 32:32.5 |                                |           | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Gena     | Albanese  | 21:30.5 | 2nd A/G                        |           | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| John     | Albanese  | 20:00.8 | 1st A/G                        |           | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Rock     | Burman*   | 31:42.5 | 2nd A/G                        |           | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Phil     | Bush      | 19:40.7 | 2nd A/G                        | RR Record | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Angela   | Dampier   | 20:20.0 | 1st A/G                        | RR Record | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Jill     | Eggert    | 43:56.4 |                                |           | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Melody   | Emricson  | 23:41.3 | 2nd A/G                        |           | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Steve    | Emricson  | 18:44.1 | 1st A/G                        | RR Record | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Gerely   | Fejer*    | 27:28.9 |                                |           | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Cale     | Fick      | 18:01.9 | <b>2nd A/G 4th O/A</b>         | RR Record | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Jorge    | Gomez     | 22:10.5 | 3rd A/G                        |           | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Magaly   | Gomez     | 24:56.0 | 2nd A/G                        |           | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Michaela | Havemann  | 22:41.8 | 1st A/G                        |           | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |
| Misty    | Hoika     | 25:35.1 | 3rd A/G                        |           | 5K       | HBFC                   | Crystal Lake, IL    | 17-May-09 |

|           |              |          |                |           |          |                   |                  |           |
|-----------|--------------|----------|----------------|-----------|----------|-------------------|------------------|-----------|
| Sherri    | Knupp        | 22:47.0  | 1st A/G        |           | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Ashley    | Mackay*      | 31:47.6  |                |           | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Joson     | Martinez     | 28:49.6  |                |           | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Brenda    | Napholz      | 19:18.3  | <b>1st O/A</b> | RR Record | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Terri     | Nietzel      | 22:24.4  | 1st A/G        | RR Record | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Amy       | Ogle         | 30:22.6  |                |           | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Mark      | Pfeifer      | 18:31.8  | 2nd A/G        |           | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Bonnie    | Platek       | 25:51.9  |                |           | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Chris     | Robinson*    | 27:24.6  |                |           | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Bob       | Rohlwing*    | 26:40.6  | 3rd A/G        |           | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Peter     | Sexton       | 19:20.6  |                | RR Record | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Judy      | Short*       | 41:13.3  | 1st A/G        |           | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Tom       | Spajosevich* | 24:31.9  | 1st A/G        | RR Record | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Shawn     | Tegmeier     | 44:30.8  |                |           | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Lois      | Tweeten      | 23:52.8  | 3rd A/G        | RR Record | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Steve     | VanHorn      | 22:02.8  | 1st A/G        | RR Record | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Mike      | VanHouten    | 18:36.3  |                | RR Record | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Lauren    | Wagner       | 23:51.3  | 2nd A/G        | RR Record | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Amy       | Wlodek       | 25:20.3  |                | RR Record | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Mia       | Yankow       | 25:27.4  |                | RR Record | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Peggy     | York*        | 28:13.1  |                |           | 5K       | HBFC              | Crystal Lake, IL | 17-May-09 |
| Cari      | Setzler      | 38:56.0  |                | RR Record | 10K      | Heritage Run      | Rockford, IL     | 26-Apr-09 |
| Laura     | Acke         | 34:23.0  |                |           | 5K       | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Dan       | Clemen       | 23:15.0  |                |           | 5K       | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Kate      | Clemen       | 31:46.0  |                |           | 5K       | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Angela    | Dampier      | 1:07:33  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Jill      | Eggert       | 1:36:46  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Catherine | Foerster     | 1:28:38  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Dave      | Foerster     | 1:28:38  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| John      | Green        | 1:21:22  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Mark      | Hemstreet    | 1:15:09  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Michele   | Hemstreet    | 2:16:48  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Barb      | Kreutzman    | 1:43:15  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Lisa      | Link         | 1:19:19  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Jeff      | Musielak     | 1:37:35  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Terri     | Nietzel      | 2:12:14  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Erin      | Smith        | 1:19:17  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Lois      | Tweeten      | 1:14:50  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Steve     | Zoellick     | 1:13:10  |                |           | 15K      | Hot Chocolate Run | Chicago, IL      | 1-Nov-09  |
| Pam       | Andrews      | 7:09:34  |                |           | 50K      | Ice Age Trail     | La Grange, WI    | 10-May-09 |
| Walt      | Calder       | 5:47:39  |                |           | 50K      | Ice Age Trail     | La Grange, WI    | 10-May-09 |
| Larry     | Kuhn         | 10:28:16 |                |           | 50 Miles | Ice Age Trail     | La Grange, WI    | 10-May-09 |
| Carlos    | Morales      | 5:22:17  |                |           | 50K      | Ice Age Trail     | La Grange, WI    | 10-May-09 |

|           |             |          |                         |           |               |                       |                    |           |
|-----------|-------------|----------|-------------------------|-----------|---------------|-----------------------|--------------------|-----------|
| Dorn      | Peddy       | 9:12:22  |                         |           | 50 Miles      | Ice Age Trail         | La Grange, WI      | 10-May-09 |
| Shawn     | Tegtmeier   | 7:09:34  |                         |           | 50K           | Ice Age Trail         | La Grange, WI      | 10-May-09 |
| Pam       | Andrews     | 5:10:01  |                         |           | Marathon      | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Jacqui    | Aubert*     | 1:25:48  |                         | RR Record | Half Marathon | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Tammy     | Bennett     | 4:47:12  |                         |           | Marathon      | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Dee       | Budelier    | 4:36:37  |                         |           | Marathon      | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Walt      | Calder      | 3:59:33  | with Son                |           | Marathon      | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Melody    | Emricson    | 2:28:21  |                         |           | Half Marathon | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Steve     | Emricson    | 1:28:35  | 2nd A/G                 | RR Record | Half Marathon | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Dorn      | Peddy       | 3:49:27  |                         |           | Marathon      | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Craig     | Robertson   | 1:53:57  |                         |           | Half Marathon | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Peter     | Sexton      | 3:18:31  |                         | RR Record | Marathon      | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Lisa      | Smith       | 4:34:09  |                         |           | Marathon      | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Shawn     | Tegtmeier   | 5:09:59  |                         |           | Marathon      | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Laura     | Waringo     | 2:40:19  |                         |           | Half Marathon | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Karen     | Wood*       | 3:16:52  | <b>1st A/G 11th O/A</b> | RR Record | Marathon      | Illinois Marathon     | Champaign, IL      | 11-Apr-09 |
| Michele   | Hartwig     | 18:05:26 |                         |           | 100K          | Javelin Jundred       | Fountain Hills, AZ | 15-Nov-08 |
| Dorn      | Peddy       | 18:05:27 |                         |           | 100K          | Javelin Jundred       | Fountain Hills, AZ | 15-Nov-08 |
| Melody    | Emricson    | 41:31.6  | 1st A/G                 |           | 8K            | Kicking the Trails    | Crystal Lake, IL   | 9-May-09  |
| Steve     | Emricson    | 32:19.5  | <b>1st A/G 3rd O/A</b>  |           | 8K            | Kicking the Trails    | Crystal Lake, IL   | 9-May-09  |
| Jorge     | Gomez       | 40:16.5  |                         |           | 8K            | Kicking the Trails    | Crystal Lake, IL   | 9-May-09  |
| Magaly    | Gomez       | 43:38.3  | 2nd A/G                 |           | 8K            | Kicking the Trails    | Crystal Lake, IL   | 9-May-09  |
| Cheryl    | Naughton    | 38:02.3  | 2nd A/G                 |           | 8K            | Kicking the Trails    | Crystal Lake, IL   | 9-May-09  |
| Mark      | Hemstreet   | 1:49:50  |                         |           | Half Marathon | Kimberly-Clark Half   | Menasha, WI.       | 20-Sep-09 |
| John      | Green       | 2:00:16  |                         |           | Half Marathon | Lake Geneva           | Lake Geneva, IL    | 9-May-09  |
| Christine | Levey       | 2:23:21  |                         |           | Half Marathon | Lake Geneva           | Lake Geneva, IL    | 9-May-09  |
| Theresa   | Lewandowski | 2:07:15  |                         |           | Half Marathon | Lake Zurich           | Lake Zurich, IL    | 20-Sep-09 |
| Chris     | Setzler     | 1:14:55  | <b>1st O/A</b>          |           | Half Marathon | Lake Zurich           | Lake Zurich, IL    | 20-Sep-09 |
| Rick      | Ceh         | 3:34:25  | PR by 5 mins            | RR Record | Marathon      | Lakefront             | Milwaukee,WI       | 4-Oct-09  |
| Christine | Levey       | 4:55:53  | 1st Marathon            |           | Marathon      | Lakefront             | Milwaukee,WI       | 4-Oct-09  |
| Dan       | Rooney      | 4:09:21  |                         |           | Marathon      | Lakefront             | Milwaukee,WI       | 4-Oct-09  |
| Mark      | Rotundo     | 2:58:18  | PR by 11 mins-BQ        | RR Record | Marathon      | Lakefront             | Milwaukee,WI       | 4-Oct-09  |
| Stuart    | Rutledge    | 4:03:26  |                         |           | Marathon      | Lakefront             | Milwaukee,WI       | 4-Oct-09  |
| Heather   | Walker      | 4:01:26  | PR by 36 mins           | RR Record | Marathon      | Lakefront             | Milwaukee,WI       | 4-Oct-09  |
| Melody    | Emricson    | 1:54:37  |                         |           | Half Marathon | Madison Mini Marathon | Madison, WI        | 22-Aug-09 |
| Steve     | Emricson    | 1:25:00  | 1st A/G                 | RR Record | Half Marathon | Madison Mini Marathon | Madison, WI        | 22-Aug-09 |
| John      | Green       | 1:57:19  |                         |           | Half Marathon | Magellan Development  | Chicago, IL        | 17-May-09 |
| Laura     | Waringo     | 2:36:24  |                         |           | Half Marathon | Magellan Development  | Chicago, IL        | 17-May-09 |
| Jacqui    | Aubert*     | 1:28:17  |                         | RR Record | Half Marathon | March Madness         | Cary, IL           | 15-Mar-09 |
| Jim       | Cutler      | 1:20:37  | <b>6th O/A</b>          |           | Half Marathon | March Madness         | Cary, IL           | 15-Mar-09 |
| Angela    | Dampier     | 1:34:11  | 3rd A/G                 | RR Record | Half Marathon | March Madness         | Cary, IL           | 15-Mar-09 |
| Jill      | Eggert      | 2:05:19  |                         |           | Half Marathon | March Madness         | Cary, IL           | 15-Mar-09 |
| Jenny     | Ellis       | 1:27:59  | 1st A/G 4th female      | RR Record | Half Marathon | March Madness         | Cary, IL           | 15-Mar-09 |

|           |             |         |                        |           |               |                     |                   |           |
|-----------|-------------|---------|------------------------|-----------|---------------|---------------------|-------------------|-----------|
| Melody    | Emricson    | 1:52:37 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Steve     | Emricson    | 1:30:39 |                        | RR Record | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| John      | Green       | 1:55:41 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Michaela  | Havemann    | 1:54:07 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Bill      | Jensen      | 1:18:38 | 2nd A/G                |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Katie     | Johnson*    | 1:57:39 |                        | RR Record | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Sherri    | Knupp       | 1:49:01 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Theresa   | Lewandowski | 2:04:57 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Chuck     | Litts       | 2:08:56 |                        | RR Record | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Pete      | McMahon     | 1:49:39 |                        | RR Record | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Carlos    | Morales     | 1:40:28 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Karen     | Pump*       | 1:53:13 |                        | RR Record | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Monica    | Rice*       | 1:49:50 |                        | RR Record | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Craig     | Robertson   | 2:00:09 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Mark      | Rotundo     | 1:19:14 | 5th A/G                | RR Record | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Stuart    | Rutledge    | 1:57:11 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Cari      | Setzler     | 1:25:17 | <b>1st O/A 1st A/G</b> | RR Record | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Peter     | Sexton      | 1:30:48 |                        | RR Record | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Lisa      | Smith       | 2:01:02 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Jeanne    | Stark       | 2:12:30 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Laura     | Waringo     | 2:52:44 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Amy       | Wlodek      | 2:03:35 |                        |           | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Karen     | Wood*       | 1:31:07 | 1st A/G                | RR Record | Half Marathon | March Madness       | Cary, IL          | 15-Mar-09 |
| Lauralee  | Altendorf   | 4:46:48 |                        |           | Marathon      | Monumental Marathon | Indianapolis, IN  | 7-Nov-09  |
| John      | Green       | 1:53:53 |                        |           | Half Marathon | North Shore Half    | Hignland Park, IL | 14-Jun-09 |
| Charles   | Mathison    | 17:36.1 | <b>2 O/A 1st A/G</b>   |           | 5K            | On the Run for Kids | Round Lake, IL    | 13-Sep-09 |
| Lauralee  | Altendorf   | 54:49.4 |                        |           | 5K            | Panting for Paws    | Crystal Lake, ILL | 9-Nov-08  |
| Dan       | Clemen      | 20:27.9 | 2nd A/G                |           | 5K            | Panting for Paws    | Crystal Lake, ILL | 9-Nov-08  |
| Angela    | Dampier     | 32:48.4 | 2nd A/G                |           | 5K            | Panting for Paws    | Crystal Lake, ILL | 9-Nov-08  |
| Jill      | Eggert      | 32:49.4 |                        |           | 5K            | Panting for Paws    | Crystal Lake, ILL | 9-Nov-08  |
| Don       | Francis     | 21:58.5 | 2nd A/G                |           | 5K            | Panting for Paws    | Crystal Lake, ILL | 9-Nov-08  |
| Royal     | Hartwig     | 41:23.3 |                        |           | 5K            | Panting for Paws    | Crystal Lake, ILL | 9-Nov-08  |
| Laura     | Middaugh    | 33:44.6 |                        |           | 5K            | Panting for Paws    | Crystal Lake, ILL | 9-Nov-08  |
| Michele   | Robinson    | 32:32.9 |                        |           | 5K            | Panting for Paws    | Crystal Lake, ILL | 9-Nov-08  |
| Kristy    | Searles     | 37:53.3 |                        |           | 5K            | Panting for Paws    | Crystal Lake, ILL | 9-Nov-08  |
| Sarah     | Sullivan    | 26:29.0 | 1st A/G                |           | 5K            | Panting for Paws    | Crystal Lake, ILL | 9-Nov-08  |
| Pauline   | Walker      | 38:35.6 |                        |           | 5K            | Panting for Paws    | Crystal Lake, ILL | 9-Nov-08  |
| Magaly    | Gomez       | 28:01.3 | 2nd A/G                |           | 5K            | Peemies             | Crystal Lake, IL  | 26-Apr-09 |
| Christine | Levey       | 29:11.0 |                        | RR Record | 5K            | Peemies             | Crystal Lake, IL  | 26-Apr-09 |
| Stuart    | Rutledge    | 24:18.7 |                        | RR Record | 5K            | Peemies             | Crystal Lake, IL  | 26-Apr-09 |
| Lauri     | Brotan      | 56:43.0 |                        |           | 10K           | Pumpkin Run         | Sycamore, IL      | 25-Oct-09 |
| Phil      | Bush        | 40:40.0 |                        |           | 10K           | Pumpkin Run         | Sycamore, IL      | 25-Oct-09 |
| Sue       | Devine      | 1:07:00 |                        |           | 10K           | Pumpkin Run         | Sycamore, IL      | 25-Oct-09 |

|          |           |         |                   |           |           |                           |                  |           |
|----------|-----------|---------|-------------------|-----------|-----------|---------------------------|------------------|-----------|
| Jamie    | Frazier   | 1:17:47 |                   |           | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| John     | Green     | 51:01.0 |                   |           | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Kevin    | Kaufman   | 36:44.0 |                   | RR Record | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Lisa     | Link      | 49:06.0 |                   | RR Record | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Chuck    | Litts     | 54:52.0 |                   | RR Record | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Charles  | Mathison  | 36:28.0 |                   | RR Record | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Carrie   | Naber*    | 45:31.0 |                   | RR Record | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Al       | Neil      | 41:37.0 | 1st A/G           | RR Record | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Dorn     | Peddy     | 43:31.0 |                   |           | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Cari     | Setzler   | 41:36.0 | <b>1st O/A</b>    | Pacer     | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Chris    | Setzler   | 32:50.0 | <b>1st O/A</b>    | RR Record | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Peter    | Sexton    | 44:20.0 |                   |           | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Erin     | Smith     | 45:30.0 | 3rd A/G           | RR Record | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| Lois     | Tweeten   | 48:31.0 | 3rd A/G           | RR Record | 10K       | Pumpkin Run               | Sycamore, IL     | 25-Oct-09 |
| John     | Albanese  | 20:34.8 | 1st A/G           |           | 5K        | Pumpkin Stampede          | Crystal Lake, IL | 18-Oct-09 |
| Misty    | Hoika     | 26:31.2 |                   |           | 5K        | Pumpkin Stampede          | Crystal Lake, IL | 18-Oct-09 |
| Bob      | Rohlwing  | 27:31.9 |                   |           | 5K        | Pumpkin Stampede          | Crystal Lake, IL | 18-Oct-09 |
| Lois     | Tweeten   | 23:53.3 | 2nd A/G           | RR Record | 5K        | Pumpkin Stampede          | Crystal Lake, IL | 18-Oct-09 |
| Lois     | Tweeten   | 3:46:21 | 1st Marathon - BQ | RR Record | Marathon  | Quad Cities Marathon      | Moline, IL       | 27-Sep-09 |
| Jennifer | Wickersty | 4:02:47 |                   | RR Record | Marathon  | Quad Cities Marathon      | Moline, IL       | 27-Sep-09 |
| Cari     | Setzler   | 18:06.7 | 1st A/G 3rd O/A   | RR Record | 5K        | Race That's Good for Life | Oak Park, IL     | 19-Apr-09 |
| John     | Albanese  | 43:44.0 | 1st A/G           |           | 10K       | Ridge Run                 | Chicago, IL      | 25-May-09 |
| Gena     | Albanese  | 20:49.0 | 2nd A/G           |           | 3 Mile    | River Run                 | McHenry, IL      | 14-Jul-09 |
| John     | Albanese  | 19:39.0 | 1st A/G           |           | 3 Mile    | River Run                 | McHenry, IL      | 14-Jul-09 |
| Stephen  | Arnold    | 1:06:50 |                   |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Danny    | Bush      | 21:09.0 |                   |           | 3 Mile    | River Run                 | McHenry, IL      | 14-Jul-09 |
| Phil     | Bush      | 47:56.0 | 2nd A/G           |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Ryan     | Bush      | 23:49.0 |                   |           | 3 Mile    | River Run                 | McHenry, IL      | 14-Jul-09 |
| Melody   | Emricson  | 58:31.0 |                   |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Steve    | Emricson  | 44:32.0 | 1st A/G           |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Eddie    | Gaul      | 46:51.0 |                   |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Jorge    | Gomez     | 20:25.1 | 3rd A/G           |           | 3 Mile    | River Run                 | McHenry, IL      | 14-Jul-09 |
| Magaly   | Gomez     | 54:08.0 | 2nd A/G           |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Michaela | Havemann  | 53:25.0 | 3rd A/G           |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Misty    | Hoika     | 57:38.0 |                   |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Charles  | Mathison  | 41:40.0 | 2nd A/G           |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Cari     | Setzler   | 46:28.0 | 1st A/G           |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Judy     | Short     | 39:12.0 | 2nd A/G           |           | 3 Mile    | River Run                 | McHenry, IL      | 14-Jul-09 |
| Rich     | Teper     | 53:07.0 | 2nd A/G           |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Mike     | VanHouten | 46:27.0 |                   |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Alex     | Wagner    | 39:57.0 |                   |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Lauren   | Wagner    | 56:12.0 |                   |           | 6.8 Miles | River Run                 | McHenry, IL      | 14-Jul-09 |
| Phil     | Bush      | 19:09.0 | 3rd A/G           | RR Record | 5K        | Roadkill 5000             | Johnsburg, IL    | 21-Jun-09 |

|           |           |         |                        |           |               |                     |                     |           |
|-----------|-----------|---------|------------------------|-----------|---------------|---------------------|---------------------|-----------|
| Rachel    | Bush      | 22:27.0 | <b>1st Female</b>      |           | 5K            | Roadkill 5000       | Johnsburg, IL       | 21-Jun-09 |
| Ryan      | Bush      | 23:48.0 | 3rd A/G                |           | 5K            | Roadkill 5000       | Johnsburg, IL       | 21-Jun-09 |
| Dan       | Clemen    | 19:10.0 |                        |           | 5K            | Roadkill 5000       | Johnsburg, IL       | 21-Jun-09 |
| Melody    | Emricson  | 24:07.0 | 2nd A/G                |           | 5K            | Roadkill 5000       | Johnsburg, IL       | 21-Jun-09 |
| Don       | Francis   | 21:25.0 | 2nd A/G                |           | 5K            | Roadkill 5000       | Johnsburg, IL       | 21-Jun-09 |
| Magaly    | Gomez     | 22:54.0 | 1st A/G                | RR Record | 5K            | Roadkill 5000       | Johnsburg, IL       | 21-Jun-09 |
| Michaela  | Havemann  | 22:52.0 | 1st A/G                |           | 5K            | Roadkill 5000       | Johnsburg, IL       | 21-Jun-09 |
| Charles   | Mathison  | 17:31.0 | 1st A/G                | RR Record | 5K            | Roadkill 5000       | Johnsburg, IL       | 21-Jun-09 |
| Peter     | Sexton    | 20:06.0 |                        |           | 5K            | Roadkill 5000       | Johnsburg, IL       | 21-Jun-09 |
| Judy      | Short     | 41:44.0 | 1st A/G                |           | 5K            | Roadkill 5000       | Johnsburg, IL       | 21-Jun-09 |
| Deb       | VanHouten | 33:00.0 |                        |           | 5K            | Roadkill 5000       | Johnsburg, IL       | 21-Jun-09 |
| Bob       | Acke      | 6:18    | 3rd A/G                |           | Mile          | RoadRunner Mile     | Crystal Lake, IL    | 13-Aug-09 |
| John      | Albanese  | 5:52.7  | 1st A/G                |           | Mile          | RoadRunner Mile     | Crystal Lake, IL    | 13-Aug-09 |
| Dan       | Clemen    | 5:30    | 2nd A/G                |           | Mile          | RoadRunner Mile     | Crystal Lake, IL    | 13-Aug-09 |
| Christine | Gale      | 5:49.64 | 1st A/G                |           | Mile          | RoadRunner Mile     | Crystal Lake, IL    | 13-Aug-09 |
| Michaela  | Havemann  | 6:24    | 1st A/G                |           | Mile          | RoadRunner Mile     | Crystal Lake, IL    | 13-Aug-09 |
| Bill      | Jensen    | 4:59.62 | 1st A/G                |           | Mile          | RoadRunner Mile     | Crystal Lake, IL    | 13-Aug-09 |
| Charles   | Mathison  | 4:53    | 1st A/G                |           | Mile          | RoadRunner Mile     | Crystal Lake, IL    | 13-Aug-09 |
| Bill      | Whitfield | 5:18.9  | 1st A/G                |           | Mile          | RoadRunner Mile     | Crystal Lake, IL    | 13-Aug-09 |
| Tyler     | Whitfield | 04:52.5 | 1st A/G                |           | Mile          | RoadRunner Mile     | Crystal Lake, IL    | 13-Aug-09 |
| Mia       | Yankaw    | 7:08    | 1st A/G                |           | Mile          | RoadRunner Mile     | Crystal Lake, IL    | 13-Aug-09 |
| Eric      | Bakey     | 2:27:10 |                        |           | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Lauri     | Brotan*   | 1:51:53 |                        | RR Record | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Sue       | Devine    | 2:14:15 |                        |           | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Melody    | Emricson  | 1:59:34 |                        |           | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Steve     | Emricson  | 1:28:11 |                        | RR Record | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Magaly    | Gomez     | 1:43:29 |                        | RR Record | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Misty     | Hoika     | 1:59:43 |                        |           | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Lisa      | Link      | 1:52:17 |                        | RR Record | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Charles   | Mathison  | 1:25:38 |                        | RR Record | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Lateef    | Ogunjobi  | 1:33:44 |                        |           | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Erin      | Smith     | 1:47:47 |                        |           | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Laura     | Waringo   | 2:59:04 |                        |           | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Amy       | Wlodek    | 1:33:06 | 2nd A/G                |           | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Deb       | Worley    | 2:49:04 |                        |           | Half Marathon | Rock and Roll Half  | Chicgao, IL         | 2-Aug-09  |
| Mark      | Hemstreet | 1:55:00 |                        | <b>PR</b> | Half Marathon | Rockford            | Rockford, IL        | 17-May-09 |
| Bill      | Jensen    | 2:52:17 | <b>3rd O/A</b>         |           | Marathon      | Rockford            | Rockford, IL        | 17-May-09 |
| Chris     | Setzler   | 16:38.0 | <b>1st A/G 4th O/A</b> |           | 5K            | Run for Freedom     | Antioch, IL         | 4-Jul-09  |
| Lelani    | Fetrow    | 29:07.0 |                        |           | 5K            | Run for Hope        | Woodstock, IL       | 23-Oct-09 |
| Stephen   | Arnold    | 30:11.7 |                        |           | 5K            | Run for Hungry Kids | Woodstock, IL       | 16-May-09 |
| Jenny     | Ellis     | 19:09.4 | <b>1st O/A</b>         | RR Record | 5K            | Run for Hungry Kids | Hoffman Estates, IL | 16-May-09 |
| Lelani    | Fetrow    | 29:32.2 |                        |           | 5K            | Run for Hungry Kids | Woodstock, IL       | 16-May-09 |
| Eddie     | Gaul      | 44:21.1 |                        | RR Record | 10K           | Run for the Bear    | Algonquin, IL       | 27-Sep-09 |

|           |           |         |                        |           |     |                    |                       |           |
|-----------|-----------|---------|------------------------|-----------|-----|--------------------|-----------------------|-----------|
| Steve     | VanHorn   | 47:22.6 |                        |           | 10K | Run for the Bear   | Algonquin,IL          | 27-Sep-09 |
| Rob       | Allare    | 25:18.6 |                        |           | 5K  | Run for the Roses  | Roselle, IL           | 7-Jun-09  |
| Phil      | Bush      | 19:14.5 | 3rd A/G                | RR Record | 5K  | Run for the Roses  | Roselle, IL           | 7-Jun-09  |
| Bill      | Jensen    | 17:34.4 | 2nd A/G                |           | 5K  | Run for the Roses  | Roselle, IL           | 7-Jun-09  |
| Brenda    | Napholz   | 19:11.2 | <b>1st Female</b>      |           | 5K  | Run for the Roses  | Roselle, IL           | 7-Jun-09  |
| Dan       | Clemen    | 19:59.8 | 1st A/G                |           | 5K  | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Angela    | Dampier   | 45:14.9 | 1st O/A                | RR Record | 10K | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| John      | Green     | 1:01:08 |                        |           | 10K | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Michaela  | Havemann  | 52:06.6 | 2nd A/G                |           | 10K | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Jamie     | Hursey    | 56:42.7 |                        | RR Record | 10K | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Bill      | Jensen    | 39:05.6 | 1st A/G                |           | 10K | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Kevin     | Kaufman   | 18:14.4 | <b>1st A/G 4th O/A</b> | RR Record | 5K  | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Christine | Levey     | 30:12.4 |                        |           | 5K  | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Chuck     | Litts     | 58:40.1 |                        | RR Record | 10K | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Joson     | Martinez  | 30:24.5 |                        |           | 5K  | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Diana     | Nelson*   | 1:00:56 | 2nd A/G                | RR Record | 10K | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Monica    | Rice      | 22:32.8 | 1st A/G                |           | 5K  | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Cari      | Setzler   | 18:49.7 | 1st O/A                | RR Record | 5K  | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Mike      | Splitt*   | 22:38.0 | 2nd A/G                | RR Record | 5K  | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Laurie    | Teper     | 21:32.8 | 1st A/G                |           | 5K  | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Mike      | VanHouten | 19:25.0 | 2nd A/G                |           | 5K  | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Heather   | Walker    | 1:01:23 |                        |           | 10K | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Mark      | Zulas     | 57:26.0 |                        |           | 10K | Run Thru the Hills | LITH, IL              | 5-Apr-09  |
| Dan       | Clemen    | 19:11.9 |                        |           | 5K  | Run Thur the Sun   | Huntley, IL           | 31-May-09 |
| Jorge     | Gomez     | 23:14.8 | 3rd A/G                |           | 5K  | Run Thur the Sun   | Huntley, IL           | 31-May-09 |
| Amy       | Ogle      | 28:05.8 |                        |           | 5K  | Run Thur the Sun   | Huntley, IL           | 31-May-09 |
| Lois      | Tweeten   | 47:47.9 | <b>1st Female</b>      | RR Record | 10K | Run Thur the Sun   | Huntley, IL           | 31-May-09 |
| Molly     | Walsh     | 42:46.1 |                        |           | 5K  | Run Thur the Sun   | Huntley, IL           | 31-May-09 |
| Mike      | VanHouten | 40:40.3 | 3rd A/G                | RR Record | 10K | Salute Run         | Arlington Hts, IL     | 23-May-09 |
| Deb       | Worley*   | 57:58.8 |                        | RR Record | 10K | Salute Run         | Arlington Hts, IL     | 23-May-09 |
| John      | Worley*   | 44:01.5 | 3rd A/G                | RR Record | 10K | Salute Run         | Arlington Hts, IL     | 23-May-09 |
| John      | Worley    | 22:43.4 |                        |           | 5K  | Stampede Run       | Buffalo Grove, IL     | 6-Sep-09  |
| Stephen   | Arnold*   | 28:11.1 |                        |           | 5K  | Summer Sunset      | Lake in the Hills, IL | 4-Sep-09  |
| Phil      | Bush      | 19:38.5 |                        |           | 5K  | Summer Sunset      | Lake in the Hills, IL | 4-Sep-09  |
| Angela    | Dampier   | 21:40.2 | 1st A/G                |           | 5K  | Summer Sunset      | Lake in the Hills, IL | 4-Sep-09  |
| Steve     | Emricson  | 18:46.7 | 1st A/G                |           | 5K  | Summer Sunset      | Lake in the Hills, IL | 4-Sep-09  |
| Edward    | Gaul      | 20:33.2 | 3rd A/G                |           | 5K  | Summer Sunset      | Lake in the Hills, IL | 4-Sep-09  |
| Tim       | Heisler*  | 20:20.2 | 1st A/G                | RR Record | 5K  | Summer Sunset      | Lake in the Hills, IL | 4-Sep-09  |
| Jamie     | Hursey    | 26:18.8 |                        |           | 5K  | Summer Sunset      | Lake in the Hills, IL | 4-Sep-09  |
| Bill      | Jensen    | 18:03.6 | 2nd A/G                |           | 5K  | Summer Sunset      | Lake in the Hills, IL | 4-Sep-09  |
| Kevin     | Kaufman   | 18:37.2 | 2nd A/G                |           | 5K  | Summer Sunset      | Lake in the Hills, IL | 4-Sep-09  |
| Charles   | Mathison  | 17:28.7 | 1st A/G                | RR Record | 5K  | Summer Sunset      | Lake in the Hills, IL | 4-Sep-09  |
| Al        | Neil      | 21:10.4 | 1st A/G                | RR Record | 5K  | Summer Sunset      | Lake in the Hills, IL | 4-Sep-09  |

|         |           |         |                   |           |          |                     |                       |           |
|---------|-----------|---------|-------------------|-----------|----------|---------------------|-----------------------|-----------|
| Angela  | Ritter    | 38:04.6 |                   |           | 5K       | Summer Sunset       | Lake in the Hills, IL | 4-Sep-09  |
| Stuart  | Rutledge  | 22:29.7 | 2nd A/G           | RR Record | 5K       | Summer Sunset       | Lake in the Hills, IL | 4-Sep-09  |
| Susan   | Santor*   | 24:38.0 |                   |           | 5K       | Summer Sunset       | Lake in the Hills, IL | 4-Sep-09  |
| Kristy  | Smith*    | 28:05.5 |                   |           | 5K       | Summer Sunset       | Lake in the Hills, IL | 4-Sep-09  |
| Lois    | Tweeten   | 23:15.0 | 1st A/G           | RR Record | 5K       | Summer Sunset       | Lake in the Hills, IL | 4-Sep-09  |
| Deb     | Vanhouten | 29:53.7 |                   |           | 5K       | Summer Sunset       | Lake in the Hills, IL | 4-Sep-09  |
| Heather | Walker    | 23:50.3 | 1st A/G           |           | 5K       | Summer Sunset       | Lake in the Hills, IL | 4-Sep-09  |
| Amy     | Wlodek    | 26:24.0 |                   |           | 5K       | Summer Sunset       | Lake in the Hills, IL | 4-Sep-09  |
| Michele | Hartwig   | 5:48:51 |                   |           | Marathon | Tecumseh Trail      | Bloomington, IN       | 6-Dec-08  |
| Dorn    | Peddy     | 5:48:20 |                   |           | Marathon | Tecumseh Trail      | Bloomington, IN       | 6-Dec-08  |
| Ande    | Croll     | 46:29.9 |                   |           | 10K      | Veterun             | Westchester. ILL      | 9-Nov-08  |
| Susan   | Croll     | 58:59.1 |                   |           | 10K      | Veterun             | Westchester. ILL      | 9-Nov-08  |
| Brenda  | Napholz   | 44:03.9 | 2nd A/G           |           | 10K      | Veterun             | Westchester. ILL      | 9-Nov-08  |
| Cari    | Setzler   | 41:34.7 | 3rd A/G           |           | 10K      | Veterun             | Westchester. ILL      | 9-Nov-08  |
| Chris   | Setzler   | 33:45.0 | 1st A/G           |           | 10K      | Veterun             | Westchester. ILL      | 9-Nov-08  |
| Cari    | Setzler   | 39:57.0 | <b>1st Female</b> | RR Record | 10K      | Wacondafest 10K     | Waconda, IL           | 28-Jun-09 |
| Mike    | VanHouten | 41:40.5 | 3rd A/G           |           | 10K      | Wacondafest 10K     | Waconda, IL           | 28-Jun-09 |
| Dan     | Clemen    | 19:47.4 | 3rd A/G           |           | 5K       | Wacondafest 5K      | Waconda, IL           | 28-Jun-09 |
| Leann   | Johnson   | 28:03.2 | 3rd A/G           |           | 5K       | Wacondafest 5K      | Waconda, IL           | 28-Jun-09 |
| Pat     | Bye*      | 3:50:47 |                   |           | Marathon | Whistlestop         | Ashland, WI.          | 10-Oct-09 |
| Nancy   | O'Connor* | 5:04:31 |                   |           | Marathon | Whistlestop         | Ashland, WI.          | 10-Oct-09 |
| Don     | Francis   | 24:35.0 |                   |           | 5K       | Woodstock Challenge | Woodstock, IL         | 20-Jun-09 |
| Magaly  | Gomez     | 52:08.0 |                   |           | 10K      | Woodstock Challenge | Woodstock, IL         | 20-Jun-09 |
| John    | Green     | 52:10.0 |                   |           | 10K      | Woodstock Challenge | Woodstock, IL         | 20-Jun-09 |
| Sherri  | Knupp     | 49:26.0 | 1st A/G           |           | 10K      | Woodstock Challenge | Woodstock, IL         | 20-Jun-09 |
| Chuck   | Litts     | 57:35.0 |                   | RR Record | 10K      | Woodstock Challenge | Woodstock, IL         | 20-Jun-09 |