

First Name	Last Name	Time	Place	Record	Distance	Race Name	City	Date
Bob	Acke	3:54:20			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Bob	Acke	4:44:17	Pacer		Marathon	Bank of America	Chicago, IL	9-Oct-11
Laura	Acke	53:05.5			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Laura	Acke	2:35:47			Half Marathon	March Madness	Cary, IL	20-Mar-11
Amy	Adamovich	27:28.1			5K	Run For The Arts	Crystal Lake, IL	1-May-11
Amy	Adamovich	28:38.4			5K	Run Thru The Sun	Huntley, IL	12-Jun-11
Amy	Adamovich	27:57.8			5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Gena	Albanese	41:56.0			8K	Shamrock Shuffle	Chicago, IL	10-Apr-11
Gena	Albanese	25:21.3			5K	Human Race	McHenry, IL	16-Apr-11
Gena	Albanese	23:33.3	2nd A/G		5K	Run For The Arts	Crystal Lake, IL	1-May-11
Gena	Albanese	21:55.3	1st A/G		5K	RoadRunner 5K	Huntley, IL	26-Jun-11
John	Albanese	20:44.5	2nd A/G		5K	Race That's Good for Life	Oak Park, IL	3-Apr-11
John	Albanese	35:17.0	3rd A/G		8K	Shamrock Shuffle	Chicago, IL	10-Apr-11
John	Albanese	20:57.7			5K	Run for the Roses	Roselle, IL	5-Jun-11
John	Albanese	1:37:09			Half Marathon	North Shore Half	Highland Park, IL	12-Jun-11
John	Albanese	20:42.5	2nd A/G		5K	RoadRunner 5K	Huntley, IL	26-Jun-11
John*	Albanese	3:45:11		RR Record	Marathon	Bank of America	Chicago, IL	9-Oct-11
Armando	Alejos	44:10.2			10K	Coon Creek Classic	Hampshire, IL	7-Aug-11
Armando*	Alejos	20:40.9	2nd A/G	RR Record	5K	Summer Sunset	LITH, IL	2-Sep-11
Armondo	Alejos	4:35:44			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Kristy	Altenburg	4:22:03			Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Kristy*	Altenburg	24:21.6		RR Record	5K	Human Race	McHenry, IL	16-Apr-11
Pam	Andrews	40:11.0			5K	Run For The Arts	Crystal Lake, IL	1-May-11
Pam	Andrews	7:34:15			50K	Ice Age	LaGrange, WI.	14-May-11
Pam	Andrews	38:02			5K	Roadkill 5000	Johnsburg, IL	14-Aug-11
Pam	Andrews	2:36:04			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Stephan*	Arnold	2:24:36		RR Record	Half Marathon	Wisconsin Marathon	Kenosha, WI.	7-May-11
Stephen	Arnold	27:36.6		RR Record	5K	Run Thur The Hills	LITH, IL	10-Apr-11
Jacqui	Aubert	30:27.0			8K	Shamrock Shuffle	Chicago, IL	10-Apr-11
Jacqui*	Aubert	1:24:50	1st Female	RR Record	Half Marathon	March Madness	Cary, IL	20-Mar-11
Jeff	Aubert	42:53.3			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Jeff	Aubert	4:45:02			Marathon	Kentucky Derby Festival	Nashville, TN.	30-Apr-11
Jeff	Aubert	1:34:08			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Nic	Aubert	2:44:44			Marathon	Kentucky Derby Festival	Nashville, TN.	30-Apr-11
Lisa	Awery	4:09:57		RR Record	Marathon	Boston	Boston, MA.	18-Apr-11

Lisa	Awrey	4:27:43			Marathon	Bank of America	Chicago, IL	9-Oct-11
Eric	Bakey	1:55:38			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Heather	Beall	45:03.7			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Heather	Beall	1:54:27			Half Marathon	Publix Super Market	Tampa, FL	27-Feb-11
Heather	Beall	1:52:50			Half Marathon	March Madness	Cary, IL	20-Mar-11
Heather	Beall	1:49:04			Half Marathon	Lincoln Presidential Half	Springfield, IL	2-Apr-11
Heather	Beall	4:20:08			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Heather	Beall	1:25:00			10 Miles	Soldier Field 10 Miler	Chicago, IL	28-May-11
Heather	Beall	1:28:42			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Heather	Beall	1:49:24			Half Marathon	Rock and Roll	Seattle, WA	25-Jun-11
Heather	Beall	52:06.8	2nd A/G		10K	Run for the Arts	Barrington, IL	4-Jul-11
Heather	Beall	1:49:25			Half Marathon	Rock & Roll Half	Chicago, IL	14-Aug-11
Heather	Beall	24:59.8	1st A/G	RR Record	5K	Summer Sunset	LITH, IL	2-Sep-11
Heather	Beall	1:46:06	2nd A/G	RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Heather	Beall	4:15:32			Marathon	Grand Rapids	Grand Rapids, MI	16-Oct-11
Tammy	Bennett	6:38:09			Marathon	Bank of America	Chicago, IL	9-Oct-11
Jon	Betts	1:32:54		RR Record	Half Marathon	March Madness	Cary, IL	20-Mar-11
Jon	Betts	3:27:15			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Sharon	Blake	48:51.6			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Sharon	Blake	1:50:05			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Michael	Boyd	5:25:23			Marathon	Bank of America	Chicago, IL	9-Oct-11
Mike	Boyd	2:19:10			10 Miles	Soldier Field 10 Miler	Chicago, IL	28-May-11
Lauri	Brotan	44:23.9			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Lauri*	Brotan	24:28.3		RR Record	5K	Run for the Roses	Roselle, IL	5-Jun-11
Dee	Budelier	5:25:42	2nd A/G		Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Dee*	Budelier	3:14:56	1st A/G	RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Phil	Bush	40:34.8			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Phil	Bush	1:43:48			Half Marathon	March Madness	Cary, IL	20-Mar-11
Phil	Bush	4:59:00			Marathon	Boston	Boston, MA.	18-Apr-11
Phil	Bush	20:53.8	1st A/G		5K	Run For The Arts	Crystal Lake, IL	1-May-11
Pat	Bye	1:55:44			Half Marathon	March Madness	Cary, IL	20-Mar-11
Pat	Bye	40:35.0			8K	Shamrock Shuffle	Chicago, IL	10-Apr-11
Walt	Calder	40:18.5			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Walt	Calder	4:29:49	Pacer		Marathon	Bank of America	Chicago, IL	9-Oct-11
Lmike	Calendo	39:39.7			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Mike	Calendo	1:49:39			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11

Mike	Calendo	3:51:07			Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Linda	Carone	1:43:56			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Linda	Carone	2:09:55			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Pat	Carpenter	1:41:27			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Rick	Ceh	2:10:55			Half Marathon	March Madness	Cary, IL	20-Mar-11
Rick	Ceh	3:47:44			Marathon	Bank of America	Chicago, IL	9-Oct-11
Dan	Clemen	32:25.7	3rd A/G		5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Dan	Clemen	19:43.5	2nd A/G		5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Dan	Clemen	1:40:26	3rd A/G		Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Kate	Clemen	55:00.4			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Colleen	Cook	40:03.0			5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Ande	Croll	1:57:31			Half Marathon	March Madness	Cary, IL	20-Mar-11
Ande	Croll	23:50.4			5K	Race That's Good for Life	Oak Park, IL	3-Apr-11
Ande	Croll	4:30:46			Marathon	Bank of America	Chicago, IL	9-Oct-11
Julie	Cubit	1:43:29			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Julie	Cubit	2:09:55			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Julie	Cubit	4:52:42			Marathon	Bank of America	Chicago, IL	9-Oct-11
Christina	Dam	18:27.2	1st O/A		5K	Run For The Arts	Crystal Lake, IL	1-May-11
Christina*	Dam	1:27:15		RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Angela	Dampier	31:37.2	1st A/G		5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Angela	Dampier	3:34:17			Marathon	Boston	Boston, MA.	18-Apr-11
Angela	Dampier	20:07.0	1st A/G	RR Record	5K	Run For The Arts	Crystal Lake, IL	1-May-11
Angela	Dampier	3:17:49	3rd A/G		Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Carol	Dlesk	50:53.5			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Melody	Emricson	2:12:42			Half Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Melody	Emricson	54:54.9			10K	Woodstock Challenge	Woodstock, IL	18-Jun-11
Melody	Emricson	4:22:35			Marathon	Grand Rapids	Grand Rapids, MI	16-Oct-11
Steve	Emricson	20:26.1	1st A/G		5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Michele	Eubanks	2:08:00			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Michele	Eubanks	4:52:06	1st Time		Marathon	Bank of America	Chicago, IL	9-Oct-11
Denise	Faler	29:33.1	3rd A/G		5K	Run Thru The Sun	Huntley, IL	12-Jun-11
Denise*	Faler	2:10:59		RR Record	Half Marathon	March Madness	Cary, IL	20-Mar-11
Cindie	Farrar	5:14:40			Marathon	Bank of America	Chicago, IL	9-Oct-11
Lisa	Farrell	2:09:03			Half Marathon	Mini Marathon	Indianapolis, IN	7-May-11
Lisa	Farrell	2:31:12			Half Marathon	North Shore Half	Highland Park, IL	12-Jun-11
Lisa	Farrell	26:21.1	3rd A/G		5K	RoadRunner 5K	Huntley, IL	26-Jun-11

Lisa	Farrell	26:58.4	1st A/G		5K	Pumpkin Stampede	Crystal Lake, IL	16-Oct-11
Robert	Fernandez	22:34.1		RR Record	5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Robert	Fernandez	3:57:02		RR Record	Marathon	Bank of America	Chicago, IL	9-Oct-11
Cale	Fick	18:58.7	<b>1st O/A</b>		5K	Run Thur The Hills	LITH, IL	10-Apr-11
Cale*	Fick	17:59.6	1st A/G 3rd O/A	RR Record	5K	Run For The Arts	Crystal Lake, IL	1-May-11
Don	Francis	1:56:02			Half Marathon	March Madness	Cary, IL	20-Mar-11
Don*	Francis	49:52.4		RR Record	10K	Woodstock Challenge	Woodstock, IL	18-Jun-11
Mark	Francis	10:56:26			50 Miles	Ice Age	LaGrange, WI.	14-May-11
Mark	Francis	3:56:54			Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Scott	Frost	1:50:31			Half Marathon	Rock & Roll	Las Vegas, NV	5-Dec-10
Kristen	Gaida	25:26.7	1st A/G		5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Gillian	Gargiulo	1:02:03			10K	Run Thur The Hills	LITH, IL	10-Apr-11
Gillian	Gargiulo	5:20:29			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Gillian	Gargiulo	4:54:11			Marathon	Fox Valley	St. Charles, IL	18-Sep-11
Eddie	Gaul	3:39:39			Marathon	Rock & Roll	Las Vegas, NV	5-Dec-10
Eddie	Gaul	35:41.0	2nd A/G		5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Eddie	Gaul	21:08.5			5K	Frosty Foot Race	Round Lake, IL	27-Feb-11
Eddie	Gaul	1:45:56	<b>3rd O/A</b>		Half Marathon	St. Patrick's Day	Diamond, CA.	19-Mar-11
Eddie	Gaul	1:12:29			10 Mile	Arny Johnson Classic	Rockford, IL	2-Apr-11
Eddie	Gaul	1:37:56	2nd A/G		Half Marathon	Equestrian Connection Trail	Libertyville, IL	17-Apr-11
Eddie	Gaul	3:40:10			Marathon	Green Bay Marathon	Green Bay, WI.	15-May-11
Eddie	Gaul	47:11.4	3rd A/G		10K	Harvard Milk Days	Harvard, IL	4-Jun-11
Eddie	Gaul	21:39.3			5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Eddie	Gaul	46:34.2	2nd A/G		10K	Run for the Arts	Barrington, IL	4-Jul-11
Eddie	Gaul	1:38:34			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Eddie	Gaul	3:46:07			Marathon	Grand Rapids	Grand Rapids, MI	16-Oct-11
Don	Gervais	23:35.7			5K	Trot Against Hunger	Vero Beach, FL	25-Nov-10
Don	Gervais	43:52.9			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Don	Gervais	23:14.1		RR Record	5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Don	Gervais	23:07		RR Record	5K	Roadkill 5000	Johnsburg, IL	14-Aug-11
Don	Gervais	1:58:59		RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Don	Gervais	4:22:28	1st Time	RR Record	Marathon	Whistlestop Marathon	Ashland, WI	15-Oct-11
Calah	Goehring	4:22:56		RR Record	Marathon	Green Bay Marathon	Green Bay, WI.	15-May-11
Calah	Goehring	26:23.9		RR Record	5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Calah	Goehring	4:49:49			Marathon	Fox Cities	Appleton, WI	18-Sep-11
Magaly	Gomez	1:57:41			Half Marathon	March Madness	Cary, IL	20-Mar-11

Magaly	Gomez	26:07.5	1st A/G		5K	Run For The Arts	Crystal Lake, IL	1-May-11
Magaly	Gomez	54:45.5			10K	Harvard Milk Days	Harvard, IL	4-Jun-11
Magaly	Gomez	51:12.4			10K	Woodstock Challenge	Woodstock,IL	18-Jun-11
Magaly	Gomez	3:51:40		RR Record	Marathon	Bank of America	Chicago, IL	9-Oct-11
John	Green	43:41.5			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
John	Green	1:52:26			Half Marathon	Rock and Roll	Phoenix, NM	16-Jan-11
John	Green	2:01:28			Half Marathon	Publix Super Market	Tampa, FL	27-Feb-11
John	Green	1:56:13			Half Marathon	March Madness	Cary, IL	20-Mar-11
John	Green	1:54:25			Half Marathon	Lincoln Presidential Half	Springfield, IL	2-Apr-11
John	Green	57:20.3			10K	Run Thur The Hills	LITH, IL	10-Apr-11
John	Green	1:28:28			10 Miles	Lakefront 10 Miler	Chicago, IL	16-Apr-11
John	Green	4:25:09		RR Record	Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
John	Green	1:25:00			10 Miles	Soldier Field 10 Miler	Chicago, IL	28-May-11
John	Green	1:28:44			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
John	Green	53:59.7			10K	Harvard Milk Days	Harvard, IL	4-Jun-11
John	Green	1:50:57			Half Marathon	North Shore Half	Highland Park, IL	12-Jun-11
John	Green	51:57.7		RR Record	10K	Woodstock Challenge	Woodstock,IL	18-Jun-11
John	Green	1:54:52			Half Marathon	Rock and Roll	Seattle, WA	25-Jun-11
John	Green	52:11.0	1st A/G		10K	Run for the Arts	Barrington, IL	4-Jul-11
John	Green	50:28.9	3rd A/G	RR Record	10K	Coon Creek Classic	Hampshire, IL	7-Aug-11
John	Green	1:51:35		RR Record	Half Marathon	Rock & Roll Half	Chicago, IL	14-Aug-11
John	Green	1:48:02		RR Record	Half Marathon	Half Madness	Batavia, IL	28-Aug-11
John	Green	1:50:36			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
John	Green	4:05:39	PR	RR Record	Marathon	Grand Rapids	Grand Rapids, MI	16-Oct-11
Sophia	Guild	4:20:47			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Pat	Harris	3:19:51			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Kim	Hartman	57:48.9			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Michele*	Hartwig	1:51:34	3rd A/G	RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Anne	Haseman	3:58:52			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Anne	Haseman	1:28:50			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Anne	Haseman	37:07.1	2nd A/G		5K	Run Thru The Sun	Huntley, IL	12-Jun-11
Anne	Haseman	24:48.3	1st A/G		5K	Pumpkin Stampede	Crystal Lake, IL	16-Oct-11
Anne*	Haseman	3:51:43	PR	RR Record	Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Anne	Hasemen	1:53:23	3rd A/G		Half Marathon	Splish Splash Dash	Gurnee, IL	22-May-11
Anne*	Hasemen	51:15.0		RR Record	10K	Woodstock Challenge	Woodstock,IL	18-Jun-11
Michaela	Havemann	24:35.4	1st A/G		5K	Run For The Arts	Crystal Lake, IL	1-May-11

Michaela	Havemann	1:57:12			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Michaela	Havemenn	24:47.8	1st A/G		5K	March for Babies	Crystal Lake, IL	15-May-11
Bob	Hayes	2:22:56			Half Marathon	Wisconsin Marathon	Kenosha, WI.	7-May-11
Bob	Hayes	5:20:07	1st Time	PR	Marathon	Grand Rapids	Grand Rapids, MI	16-Oct-11
Tiffany	Heal	1:54:02		RR Record	Half Marathon	Chi-Town Half	Chicago, IL	27-Mar-11
Tiffany	Heal	25:07.9		RR Record	5K	Human Race	McHenry, IL	16-Apr-11
Tiffany	Heal	23:52.7	3rd A/G	RR Record	5K	Run For The Arts	Crystal Lake, IL	1-May-11
Tiffany	Heal	23:46.7		RR Record	5K	Run for the Roses	Roselle, IL	5-Jun-11
Tiffany	Heal	2:07:25			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Tiffany	Heal	4:07:51	PR	RR Record	Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Al	Heil	20:34.7	1st A/G		5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Tim	Heisler	1:16:29			10 Miles	Soldier Field 10 Miler	Chicago, IL	28-May-11
Tim	Heisler	20:52.7			5K	Summer Sunset	LITH, IL	2-Sep-11
Damon	Henrikson	4:27:38			Marathon	Bank of America	Chicago, IL	9-Oct-11
Robert	Hernandez	23:16.7	2nd A/G		5K	Run Thur The Hills	LITH, IL	10-Apr-11
Misty	Hoika	2:20:03			Half Marathon	Rock & Roll Half	Chicago, IL	14-Aug-11
Misty	Hoika	4:52:25			Marathon	Bank of America	Chicago, IL	9-Oct-11
Dave	Huebner	29:23.0			5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Michele	Idstein	35:47.4	2nd A/G		5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Michele	Idstein	3:34:32			Marathon	Boston	Boston, MA.	18-Apr-11
Ron	Idstein	37:49.0			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Ron	Idstein	4:40:12			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Ron	Idstein	3:53:14			Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Kleo	Jendo	19:24.4	1st A/G		5K	Summer Sunset	LITH, IL	2-Sep-11
Bill	Jensen	1:20:46	3rd A/G		Half Marathon	March Madness	Cary, IL	20-Mar-11
Bill	Jensen	2:48:22	1st A/G 4th O/A	RR Record	Marathon	Rockford Marathon	Rockford, IL	15-May-11
Bill	Jensen	1:02:34	1st A/G		10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Bill	Jensen	36:56.6	<b>1st O/A</b>	RR Record	10K	Run for the Arts	Barrington, IL	4-Jul-11
Bill	Jensen	17:45.7	1st A/G	RR Record	5K	Summer Sunset	LITH, IL	2-Sep-11
Bill	Jensen	1:21:35	1st A/G	RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Jen	Kelly	26:37.8		RR Record	5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Jen	Kelly	4:52:06	1st Time		Marathon	Bank of America	Chicago, IL	9-Oct-11
Susan	King	50:35.8	1st A/G		10K	Woodstock Challenge	Woodstock, IL	18-Jun-11
Susan*	King	1:53:26		RR Record	Half Marathon	North Shore Half	Highland Park, IL	12-Jun-11
Sherri	Knupp	1:52:03		RR Record	Half Marathon	March Madness	Cary, IL	20-Mar-11
Sherri	Knupp	3:52:46		RR Record	Marathon	Bank of America	Chicago, IL	9-Oct-11

Sherrie	Knupp	3:55:17		RR Record	Marathon	Boston	Boston, MA.	18-Apr-11
Sherrie	Knupp	1:42:16	1st A/G	RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Irene	Kok	3:20:21	3rd A/G		Marathon	Fox Valley	St. Charles, IL	18-Sep-11
Barb	Kreutzman	52:22.7			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Barb	Kreutzman	5:32:22			Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Barb	Kreutzmann	2:18:56			Half Marathon	March Madness	Cary, IL	20-Mar-11
Barb	Kreutzmann	42:28.7			5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Vik	Krishnan	35:16.3			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Vik	Krishnan	1:40:12			Half Marathon	March Madness	Cary, IL	20-Mar-11
Vik	Krishnan	21:10.1	3rd A/G		5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Larry	Kuhn	10:39:18			50 Miles	Ice Age	LaGrange, WI.	14-May-11
Gail	Leverenz	5:20:59			Marathon	Bank of America	Chicago, IL	9-Oct-11
Theresa	Lewandowski	48:45.2			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Chelsie	Lingquist	2:04:46		RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Chelsie	Lingquist	4:27:38	4th A/G	1st Time, RR	Marathon	Grand Rapids	Grand Rapids, MI	16-Oct-11
Lisa	Link	1:30:35			10 Miles	Lakefront 10 Miler	Chicago, IL	16-Apr-11
Mark	Lombardo	49:52.3			10K	Run Thur The Hills	LITH, IL	10-Apr-11
Xyрил	Mangalindan	19:56.4		RR Record	5K	Human Race	McHenry, IL	16-Apr-11
Xyрил	Mangalindan	19:08.0	2nd A/G	RR Record	5K	Run For The Arts	Crystal Lake, IL	1-May-11
Xyрил	Mangalindan	1:31:07	2nd A/G		Half Marathon	Lake Geneva	Lake Geneva, WI	7-May-11
Xyрил	Mangalindan	1:32:43			Half Marathon	Chicagoland Spring	Chicago, IL	15-May-11
Xyрил	Mangalindan	42:20.2		RR Record	10K	Woodstock Challenge	Woodstock, IL	18-Jun-11
Xyрил	Mangalindan	19:37.9	1st A/G		5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Xyрил	Mangalindan	20:02.0	2nd A/G		5K	Run for Freedom	Antioch, IL	4-Jul-11
Xyрил	Mangalindan	19:51.5	1st A/G		5K	Run for Hope	Woodstock, IL	6-Aug-11
Xyрил	Mangalindan	19:09			5K	Roadkill 5000	Johnsburg, IL	14-Aug-11
Xyрил	Mangalindan	1:29:50		RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Xyрил	Mangalindan	3:48:40			Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Xyрил	Mangalindan	1:38:57			Half Marathon	March Madness	Cary, IL	20-Mar-11
Charles*	Mathison	3:19:16		RR Record	Marathon	GO! St. Louis	St. Louis, MO	10-Apr-11
Kristy	Mauer	24:13.5		RR Record	5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Kristy	Mauer	2:08:11			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Megan	McArdle	3:53:39			Marathon	Fox Valley	St. Charles, IL	18-Sep-11
Mike	McCoy	1:26:29			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Mike*	McCoy	3:58:53		RR Record	Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Mike*	McCoy	48:21.0		RR Record	10K	Woodstock Challenge	Woodstock, IL	18-Jun-11

Mike*	McCoy	3:51:43		RR Record	Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Kristen	McIntyre	4:41:19			Marathon	Bank of America	Chicago, IL	9-Oct-11
Tom	Meehan	3:55:53			Marathon	Wisconsin Marathon	Kenosha, WI.	7-May-11
Ron	Miller	1:58:52			Half Marathon	March Madness	Cary, IL	20-Mar-11
Marisa*	Monbrod	23:28.8	1st A/G	RR Record	5K	March for Babies	Crystal Lake, IL	15-May-11
Rich	Monbrod	21:43.2	2nd A/G		5K	March for Babies	Crystal Lake, IL	15-May-11
Carlos	Morales	41:47.0			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Carlos	Morales	1:39:58			Half Marathon	March Madness	Cary, IL	20-Mar-11
Carlos	Morales	3:56:02			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Carlos	Morales	1:20:43			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Carlos	Morales	1:40:26		RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Carlos	Morales	4:16:53			Marathon	Bank of America	Chicago, IL	9-Oct-11
Laura	Mostaert	56:54.0			8K	Shamrock Shuffle	Chicago, IL	10-Apr-11
Jamie	Nabielec	25:32.2	2nd A/G		5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Jamie	Nabielec	5:28:51			Marathon	Bank of America	Chicago, IL	9-Oct-11
Brenda	Napholz	38:33.6	3rd A/G		5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Brenda	Napholz	19:57.9	2nd A/G		5K	Run for the Roses	Roselle, IL	5-Jun-11
Cheryl	Naughton	34:42.6	2nd A/G		5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Cheryl	Naughton	1:38:05		RR Record	Half Marathon	March Madness	Cary, IL	20-Mar-11
Cheryl	Naughton	3:30:22		RR Record	Marathon	Boston	Boston, MA.	18-Apr-11
Cheryl	Naughton	5:45:08	3rd A/G		50K	Ice Age	LaGrange, WI.	14-May-11
Cheryl	Naughton	20:42.0	1st O/A	RR Record	5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Cheryl	Naughton	3:24:53	PR	RR Record	Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Al	Neal	20:45.3			5K	Run for the Roses	Roselle, IL	5-Jun-11
Al	Neal	20:30.0	1st A/G	RR Record	5K	Run for Freedom	Antioch, IL	4-Jul-11
Al	Neil	33:24.2	1st A/G		5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Al	Neil	43:16.6	2nd A/G		10K	Coon Creek Classic	Hampshire, IL	7-Aug-11
Al	Neil	21:03.9	1st A/G		5K	Summer Sunset	LITH, IL	2-Sep-11
Al	Neil	1:43:46	1st A/G		Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Heidi	Nelson	32:24.2			5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Heidie	Nelson	2:20:01			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Terri	Nietzel	1:45:20			Half Marathon	March Madness	Cary, IL	20-Mar-11
Terri	Nietzel	3:59:19			Marathon	Boston	Boston, MA.	18-Apr-11
Nancy	O'Connor	5:15:46			Marathon	Whistlestop Marathon	Ashland, WI	15-Oct-11
Lateef	Ogunjobi	1:26:57		RR Record	Half Marathon	March Madness	Cary, IL	20-Mar-11
Lateef	Ogunjobi	38:55.8	3rd O/A	RR Record	10K	Woodstock Challenge	Woodstock, IL	18-Jun-11

Lateef	Ogunjobi	17:38.9	3rd O/A	RR Record	5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Lateef	Ogunjobi	20:30.0			5K	Run for Freedom	Antioch, IL	4-Jul-11
Lateef	Ojungobi	3:10:38		RR Record	Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Dan	Owings	57:05.0			10K	Rock Cut Survivor	Rockford, IL	15-Jan-11
Dan	Owings	1:31:42			15K	Rock Cut Survivor	Rockford, IL	19-Feb-11
Dan	Owings	1:54:31			20K	Rock Cut Survivor	Rockford, IL	12-Mar-11
Dan	Owings	3:59:02			Marathon	Boston	Boston, MA.	18-Apr-11
Dan	Owings	6:03:57			34 Miles	NLUR Horseriders 34	Streamwood, IL	23-Apr-11
Dan	Owings	4:36:31	Yes two in a day		Marathon	Wisconsin Marathon	Kenosha, WI.	7-May-11
Dan	Owings	4:09:32	Yes two in a day		Marathon	Lake Geneva	Lake Geneva, WI	7-May-11
Dan	Owings	4:29:42	Pacer		Marathon	Fargo Marathon	Fargo, ND.	21-May-11
Dan	Owings	9:15:05			38 Miles	Kettle 38 Night Run	LaGrange, WI	4-Jun-11
Dan	Owings	3:46:32			Marathon	Run 4 Troops	DuBuque, IA	2-Jul-11
Dan	Owings	6 Hours			30.14 Miles	NLUR Sunburn 6 Hour	Bartlett, IL	9-Jul-11
Dan	Owings	6:17:44			Marathon	Eagle Creek Trail	Indianapolis, IN	6-Aug-11
Dan	Owings	5:51:00			32.4 Miles	NLUR Palos Hills 32.4	Palos Hills, IL	20-Aug-11
Dan	Owings	11:00:22			50 Miles	Peace and Love	Pickney, MI	10-Sep-11
Dan	Owings	2:27:45			25K	Rock Cut	Rockford, IL	17-Sep-11
Dan	Owings	5:18:39			50K	Hobo Cut 50K	Rockford, IL	18-Sep-11
Dan	Owings	4:04:42			Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Dan	Owings	3:29:56			Marathon	Bank of America	Chicago, IL	9-Oct-11
Dan	Owings	4:09:49			Marathon	Indianapolis Marathon	Indianapolis, IN	15-Oct-11
Rich	Passavant	22:07.3	3rd A/G		5K	Run For The Arts	Crystal Lake, IL	1-May-11
Rick	Passavant	1:57:14			Half Marathon	March Madness	Cary, IL	20-Mar-11
Ann	Paulsen	2:12:27			Half Marathon	March Madness	Cary, IL	20-Mar-11
Anne	Paulsen	4:25:19			Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Dorn	Peddy	44:42.0			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Dorn	Peddy	5:55:59			50K	Fat Ass 50K	McNabb, IL	9-Jan-11
Dorn	Peddy	55:01.0			10K	Rock Cut Survivor	Rockford, IL	15-Jan-11
Dorn	Peddy	21:54:22	6th O/A		100 MILES	Iron Horse	Florahome, FL.	19-Feb-11
Dorn	Peddy	1:40:50			Half Marathon	March Madness	Cary, IL	20-Mar-11
Dorn	Peddy	6:03:04			30 Miles	Winona Lake	Winona Lake, IN	9-Apr-11
Dorn	Peddy	4:39:12			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Dorn	Peddy	5:16:30	4th O/A		50K	Ice Age	LaGrange, WI.	14-May-11
Dorn	Peddy	1:44:32			Half Marathon	Trail Half	Naperville, IL	11-Sep-11
Dorn	Peddy	2:23:48			25K	Rock Cut	Rockford, IL	17-Sep-11

Marla	Pendergrast	44:40.1			8K	Splish Splash Dash	Gurnee, IL	22-May-11
Marla*	Pendergrast	25:55.8	3rd A/G	RR Record	5K	Run For The Arts	Crystal Lake, IL	1-May-11
Mark*	Pfeifer	3:29:10		RR Record	Marathon	Boston	Boston, MA.	18-Apr-11
Bonnie	Platek	48:05.0	3rd A/G		5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Bonnie	Platek	2:05:34			Half Marathon	March Madness	Cary, IL	20-Mar-11
Bonnie	Platek	1:48:28			10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Bonnie	Platek	2:15:07			Half Marathon	Prairie State	Libertyville, IL	8-Oct-11
Bonnie	Platek	2:12:45	3rd A/G		Half Marathon	Moraine Hill Run Thur the Hills	McHenry, IL	22-Oct-11
Bonnie*	Platek	3:58:22		RR Record	Marathon	Fox Cities	Appleton, WI	18-Sep-11
Toni	Pokora	22:46.0	1st A/G	RR Record	5K	Run For The Arts	Crystal Lake, IL	1-May-11
Julie	Remke	1:34:05		RR Record	Half Marathon	Cleveland Half	Cleveland, OH.	15-May-11
Monica*	Rice	3:42:02		RR Record	Marathon	Wisconsin Marathon	Kenosha, WI.	7-May-11
Monica*	Rice	3:42:15		RR Record	Marathon	Fox Valley	St. Charles, IL	18-Sep-11
Angela	Ritter	57:48.6			10K	Run for the Arts	Barrington, IL	4-Jul-11
Angela	Ritter	34:36.9			5K	Summer Sunset	LITH, IL	2-Sep-11
Angie	Ritter	1:57:43			Half Marathon	March Madness	Cary, IL	20-Mar-11
Donna	Robnet	2:13:48			Half Marathon	March Madness	Cary, IL	20-Mar-11
Rob	Rokusek	1:49:34			Half Marathon	March Madness	Cary, IL	20-Mar-11
Rob	Rokusek	1:45:50			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Dan	Rooney	45:44.2			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Dan	Rooney	4:33:26			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Dan	Rooney	4:12:01			Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Mark	Rotundo	35:53.5	<b>1st O/A</b>		10K	Run Thur The Hills	LITH, IL	10-Apr-11
Mark*	Rotundo	17:03.4	<b>1st O/A</b>	RR Record	5K	Summer Sunset	LITH, IL	2-Sep-11
Diane	Rudas	30:11.4			5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Stuart	Rutledge	1:45:32			Half Marathon	March Madness	Cary, IL	20-Mar-11
Stuart	Rutledge	4:28:25			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Stuart	Rutledge	1:24:06			10 Miles	Soldier Field 10 Miler	Chicago, IL	28-May-11
Stuart	Rutledge	50:57.2			10K	Harvard Milk Days	Harvard, IL	4-Jun-11
Stuart	Rutledge	47:43.6			10K	Woodstock Challenge	Woodstock, IL	18-Jun-11
Stuart	Rutledge	21:29.1	2nd A/G	RR Record	5K	Run for the Arts	Barrington, IL	4-Jul-11
Stuart	Rutledge	22:14.9			5K	Summer Sunset	LITH, IL	2-Sep-11
Stuart	Rutledge	3:44:02	PR	RR Record	Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Sturat	Rutledge	39:48.1			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Sturat	Rutledge	1:46:01			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Judy	Schneider	4:35:03	1st Time		Marathon	Bank of America	Chicago, IL	9-Oct-11

Shannon	Schroeder	26:56.3			5K	Run For The Arts	Crystal Lake, IL	1-May-11
Robert	Scott	6:08:30			Marathon	Bank of America	Chicago, IL	9-Oct-11
Kristy	Searles	1:38:51			Half Marathon	North Shore Half	Highland Park, IL	12-Jun-11
Kristy*	Searles	1:40:18		RR Record	Half Marathon	March Madness	Cary, IL	20-Mar-11
Jamie*	Seda	4:04:04		RR Record	Marathon	Grand Rapids	Grand Rapids, MI	16-Oct-11
Cari	Setzler	19:54.3	1st A/G		5K	Summer Sunset	LITH, IL	2-Sep-11
Chris	Setzler	16:24.0	1st O/A		5K	Run for Freedom	Antioch, IL	4-Jul-11
Peter	Sexton	34:53.4			5 miles	S-NO-W Fun Run	Lake Geneva, WI	8-Jan-11
Peter	Sexton	1:36:03			Half Marathon	March Madness	Cary, IL	20-Mar-11
Peter	Sexton	34:29.0			8K	Shamrock Shuffle	Chicago, IL	10-Apr-11
Peter	Sexton	3:35:59			Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Bob	Simpson	4:33:34			Marathon	Bank of America	Chicago, IL	9-Oct-11
Erin	Smith	3:56:02			Marathon	Boston	Boston, MA.	18-Apr-11
Erin	Smith	5:45:08	2nd A/G		50K	Ice Age	LaGrange, WI.	14-May-11
Erin*	Smith	1:43:32		RR Record	Half Marathon	March Madness	Cary, IL	20-Mar-11
Kristy	Smith	27:53.1	1st A/G		5K	Run For The Arts	Crystal Lake, IL	1-May-11
Shane	Spetan	1:54:53			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Mike*	Splitt	26:40.8		RR Record	5K	Human Race	McHenry, IL	16-Apr-11
Mike*	Splitt	22:12.1	3rd A/G	RR Record	5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Jeanne	Stark	1:37:11			10 Mile	Arny Johnson Classic	Rockford, IL	2-Apr-11
Jeanne	Stark	2:08:09			Half Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Sue	Taylor	45:20.1	1st A/G	RR Record	5K	Run Thur The Hills	LITH, IL	10-Apr-11
Shawn	Tegtmeier	7:34:15			50K	Ice Age	LaGrange, WI.	14-May-11
Shawn	Tegtmeier	37:33			5K	Roadkill 5000	Johnsburg, IL	14-Aug-11
Shawn	Tegtmeier	2:31:22			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Shawn	Tegtmeir	47:54.2			5K	Run For The Arts	Crystal Lake, IL	1-May-11
Laurie	Teper	27:35.0	1st A/G		5K	Rock Cut Survivor	Rockford, IL	18-Dec-10
Laurie	Teper	57:07.0	1st A/G		10K	Rock Cut Survivor	Rockford, IL	15-Jan-11
Laurie	Teper	1:28:06	1st A/G		15K	Rock Cut Survivor	Rockford, IL	19-Feb-11
Laurie	Teper	1:52:56	1st A/G		20K	Rock Cut Survivor	Rockford, IL	12-Mar-11
Laurie	Teper	21:02.7	3rd A/G		5K	Race That's Good for Life	Oak Park, IL	3-Apr-11
Laurie	Teper	44:24.0	1st A/G		10K	Heritage Run	Rockford, IL	17-Apr-11
Laurie	Teper	1:37:37	1st A/G		Half Marathon	Illinois Marathon	Champaign, IL	29-Apr-11
Laurie	Teper	1:19:05	2nd A/G		10 Miles	Elgin Fox Trot	Elgin, IL	30-May-11
Laurie	Teper	21:58.0	2nd A/G		5K	Run for the Arts	Barrington, IL	4-Jul-11
Laurie	Teper	44:53.8	1st A/G		10K	Coon Creek Classic	Hampshire, IL	7-Aug-11

Laurie	Teper	3:30:28	1st A/G, PR	RR Record	Marathon	Grand Rapids	Grand Rapids, MI	16-Oct-11
Rich	Teper	23:31		RR Record	5K	Roadkill 5000	Johnsburg, IL	14-Aug-11
Rich	Teper	1:53:33		RR Record	Half Marathon	Grand Rapids	Grand Rapids, MI	16-Oct-11
Lois	Tweeten	3:45:46	3rd A/G PR	RR Record	Marathon	Grand Rapids	Grand Rapids, MI	16-Oct-11
Mike	VanHouten	18:44.5			5K	Race That's Good for Life	Oak Park, IL	3-Apr-11
Mike*	VanHouten	40:04.0	1st A/G	RR Record	10K	Take a Step For Kids	Libertyville, IL	10-Apr-11
Lauren	Wagner	4:04:11			Marathon	Lakefront Marathon	Milwaukee, WI.	2-Oct-11
Lauren*	Wagner	50:36.7	2nd A/G	RR Record	10K	Woodstock Challenge	Woodstock, IL	18-Jun-11
Laura	Waringo	37:11.8			5K	Summer Sunset	LITH, IL	2-Sep-11
Colleen	Whittier	2:07:20			Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Colleen	Whittier	4:35:22	1st Time		Marathon	Bank of America	Chicago, IL	9-Oct-11
Jennifer	Wickerstry	1:54:36		RR Record	Half Marathon	March Madness	Cary, IL	20-Mar-11
Jennifer	Wickersty	4:03:34		RR Record	Marathon	Boston	Boston, MA.	18-Apr-11
Jennifer	Wickersty	1:50:23		RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Jennifer	Wickersty	3:54:11		RR Record	Marathon	Fox Valley	St. Charles, IL	18-Sep-11
Amy	Wlodek	2:04:59			Half Marathon	March Madness	Cary, IL	20-Mar-11
John	Worley	4:12:32			Marathon	Fox Valley	St. Charles, IL	18-Sep-11
John*	Worley	1:42:34		RR Record	Half Marathon	Crystal Lake Half	Crystal Lake, IL	11-Sep-11
Mia*	Yankow	25:09.9	2nd A/G	RR Record	5K	RoadRunner 5K	Huntley, IL	26-Jun-11
Mark	Zulas	5:15:49			Marathon	Bank of America	Chicago, IL	9-Oct-11
* RoadRunner records are pending membership dues								